

Newaygo County Mental Health
Minutes of the Regular Meeting
August 10, 2023
10:01 a.m.

Call to Order/Welcome/Prayer

The regular monthly meeting of the Board of Directors of Newaygo County Mental Health was called to order by Chair DeLaat at 10:01 a.m. on Thursday, August 10, 2023 in the Board Conference Room.

Member Kellerman opened the meeting with prayer.

Roll Call

Members Present: Ralph Bell, Kathy Broome, Ken DeLaat, Catherine Kellerman, Bryan Kolk (Zoom), Todd Koopmans, Wayne Mast, Michelle Petz (Zoom), Tonya Prewitt, Helen Taube (Zoom), and Sue Twing

Members Excused: Sarah Boluyt

Others Present: Carol Mills, CEO; Jeff Labun, COO; Denise Russo-Starback, Director of Clinical Services, and Shannon Woodside, recording secretary, Larisa Weaver

Communications from the Public

No communication from the public.

Approval of Agenda

Motion by Member Kellerman, supported by Member Mast, to amend the agenda to add 9.2.4 Fiscal Year 2024 General Fund Contract. No discussion; motion carried unanimously.

Approval of Regular Minutes

Motion by Member Mast, supported by Member Koopmans, to approve the minutes of the Regular Board meeting of July 13, 2023 as presented. No discussion; motion carried unanimously.

Presentation

Larisa Weaver presented on Parent Support Partner (PSP) and what her role is. Questions were addressed.

- A PSP is the parent of a child with emotional, behavioral, or other mental health challenges and/or intellectual and developmental disabilities, including autism.
- A PSP brings both personal experiences and knowledge with these challenges and empowering families.

- Areas of support: help set goals, attend meetings (IEP's, Wraparound, court, DHHS or CMH), sounding board for ideas, offering training/education resources, being a role model
- Timeframe of support is usually between six months to one year.
- A PSP is not a respite care worker, babysitter, taxi service, therapist, secretary, case manager
- Expected outcomes of a PSP

Directors Update

Reviewed Director Mills written report with questions addressed.

Regular Meeting

Motion by Member Mast, supported by Member Broome, to recess the regular Board of Director's meeting to enter into the Annual Public hearing at 11:04 a.m. No discussion; motion carried unanimously.

Motion by Member Twing, supported by Member Koopmans, to reconvene the regular Board of Director's meeting at 11:05 a.m. No discussion; motion carried unanimously.

Executive Committee

Reviewed minutes of Executive Committee, August 3, 2023.

Board of Director's Assessments

Individual Board Member Self-Assessment, Assessment of Full Board Functioning, and Individual Board Member Self-Assessment Governance Competencies were reviewed and discussion took place. Member Twing encouraged board members to please reach out to Chair DeLaat or anyone on the Executive Committee with their concerns with the board performance and monitoring of the agency outcomes. This will give insight on how the board as a whole can improve.

Next meeting will be September 11, 2023 at 10 a.m.

Finance

Check Register, Cash Statement and Budget to Actual reports were reviewed with inquiries addressed by Jeff Labun, Chief Operating Officer.

Fiscal Year 2024 General Fund Contract

Motion by Member Mast, supported by Member Twing, to authorize the Executive Director to sign the Michigan Department of Health and Human Services and Community Health Services Contract for Fiscal year 2024.

Next meeting will be September 8, 2023 at 10:00 a.m.

Policy Committee

No meeting scheduled.

Recipient Rights

Next meeting is August 14, 2023 at 10:00 a.m.

Consumer Advisory Committee (CAC)

Reviewed minutes from July 27, 2023.

Next meeting is September 28, 2023 at 12:30 p.m. Lunch will be at 12:00 p.m.

Promotion & Education Committee

No meeting scheduled.

Mid-State Health Network (MSHN)

Next meeting is September 12, 2023.

Community Mental Health Association (CMHA)


Member Kellerman emailed a summary of the Board of Director's meeting to board members. Please consider making a PAC donation. Member Koopmans was asked to be on the DEI committee.

Communications from the Public


Member DeLaat recognized the COA Director, Brad Hinken on doing a great job providing more transportation.

Adjournment

Motion by Member Mast, supported by Member Bell, to adjourn the meeting at 11:37 a.m. No discussion; motion carried unanimously.



Ken DeLaat, Chair



Kathy Broome, Secretary